

Living in Sin

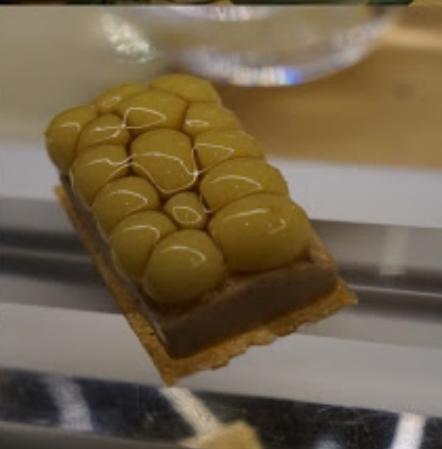
I promised myself I wouldn't divulge the secrets of Disfrutar but I want to at least show you some of the gorgeous food we had! If you are in Barcelona, then try to book a table at Disfrutar, it is amazing and worth every penny. I called the week before and was lucky enough to book a table for the two of us at the bar, where we could watch the pastry crew putting together the amazing desserts.

It was one of the most amazing experiences in my life so I am so glad they could fit us in, plus that they were so happy to make me an entirely me-friendly meal so close to entirely vegan, only egg in the meringue (that they checked with me beforehand if I was ok with it). So veggies and vegans, feel totally safe to book Disfrutar, just let them know your dietary restrictions when you book and order and you will have an awesome meal.

Disfrutar was founded by three chefs who previously worked at El Bulli (ORIOL CASTRO, MATEU CASAÑAS, EDUARD XATRUCH) and the menu is fun, playful, tasty and creative. You can pick from their classics or their seasonal menu or a mix of both. And you can choose how many courses you have, we went for 25 for 150 EUR each, with some wine that the sommelier recommended us and we really enjoyed. They had a huge wine menu with a lot of variety both in origin, grapes and price.

Tasting menu - GRAN CLASSIC

Menus composed by creations that have become “classics” of the house.



We went on a week night and got a quick tour around the kitchens and dining room before we sat down, fascinating to see these talented chefs at work.





I will post a few of the pictures of our food, but I will try not to ruin the surprises :) Just know that the staff was amazing and so flexible with the different restrictions I have and I never once felt that I was getting the short straw, every dish was as cool as my husband's, and well matched, the vegan versions were just amazing. We had the most fun night being surprised and delighted with new flavours, textures and gorgeous ingredients from around Catalunya. We left full but not uncomfortably so, but so so very happy.









This almond dish was probably my favourite dish and one of the best things I have ever eaten. I gained super duper wife points by letting my husband have one of the almonds, it hurt but I love him :)

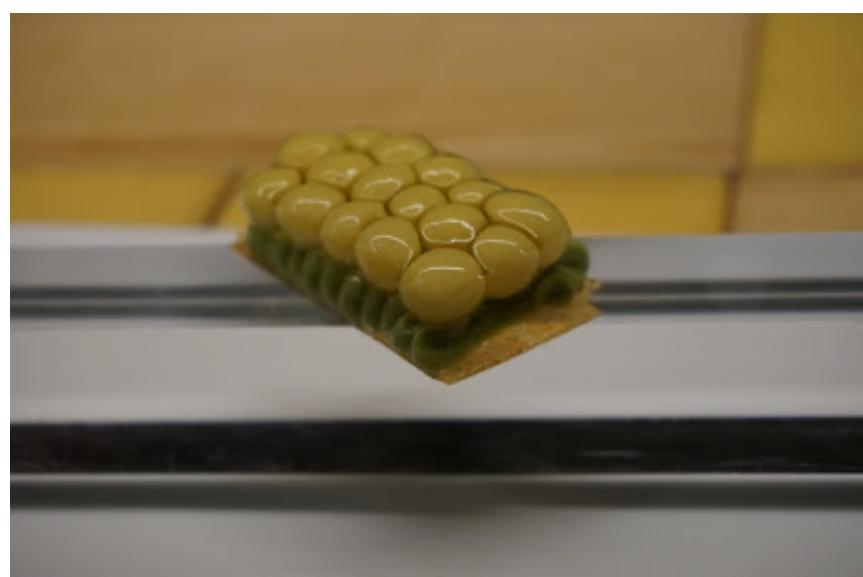
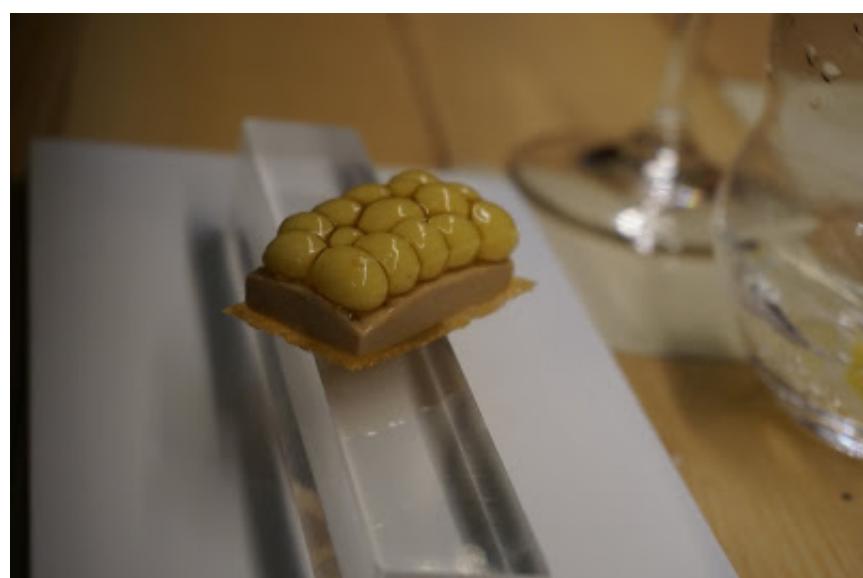


This one was great fun :)



Yup, a seemingly empty glass....







A take on a cocktail.

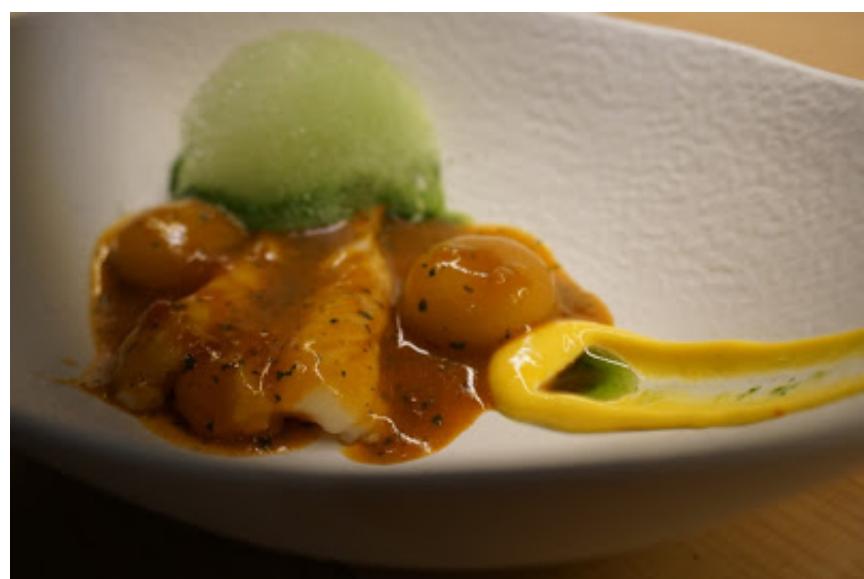
























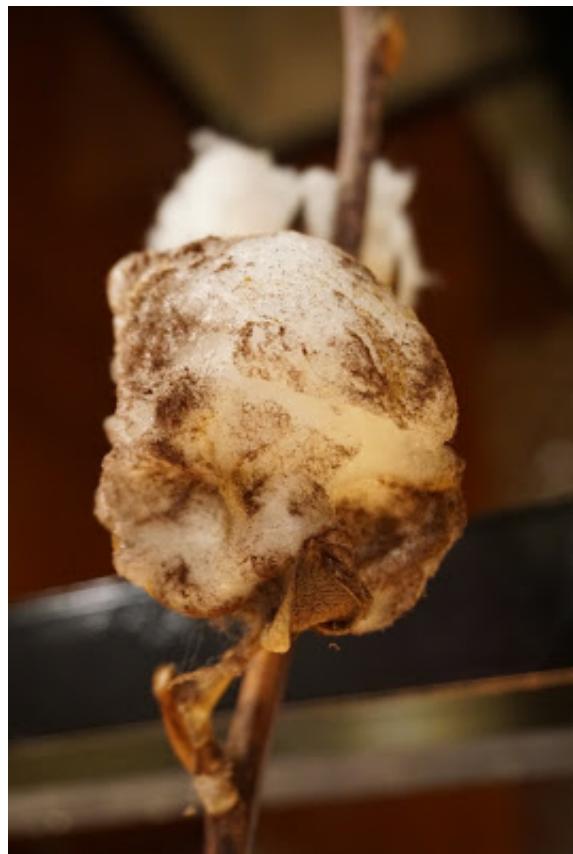
Watching the kitchen as we ate



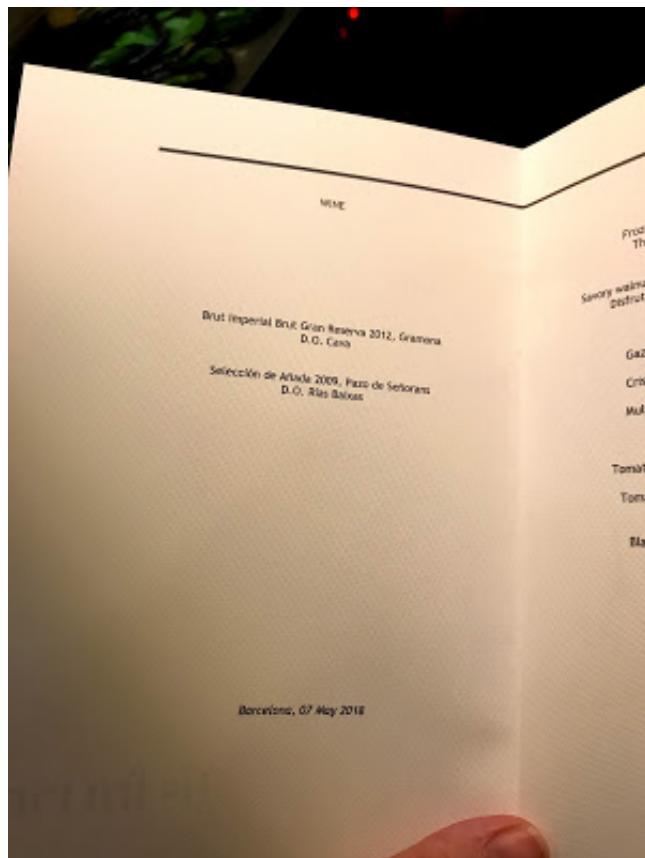
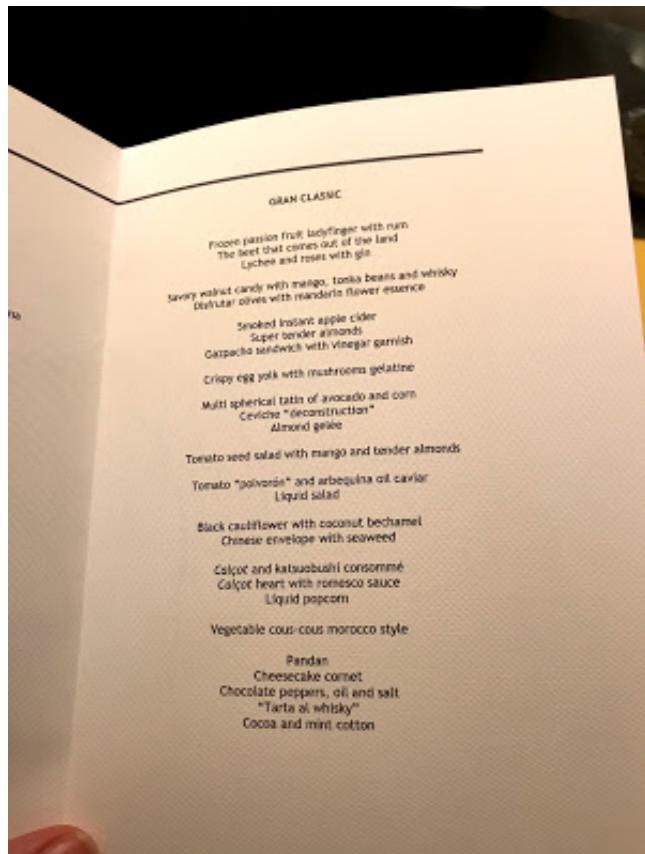


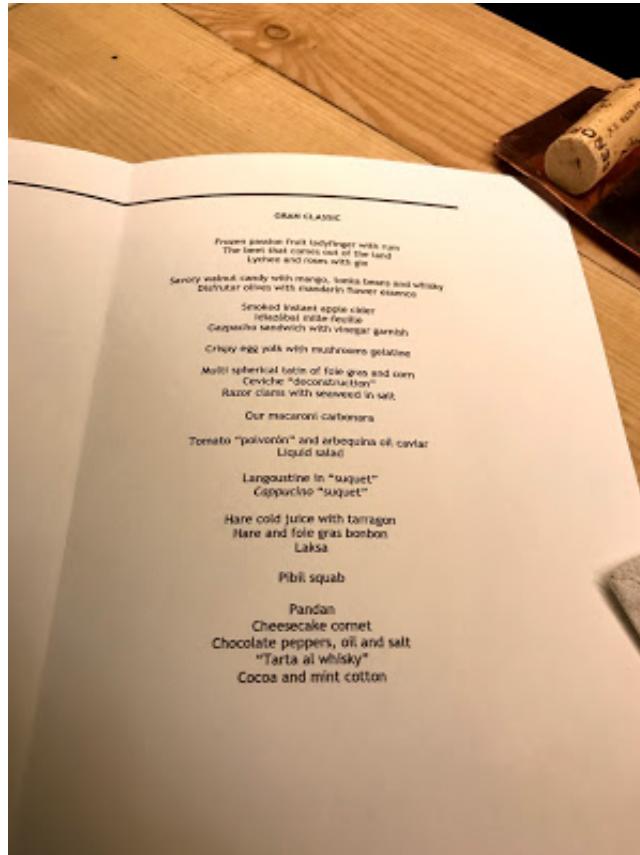






And our personalised menus:







A video :)





Disfrutar

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